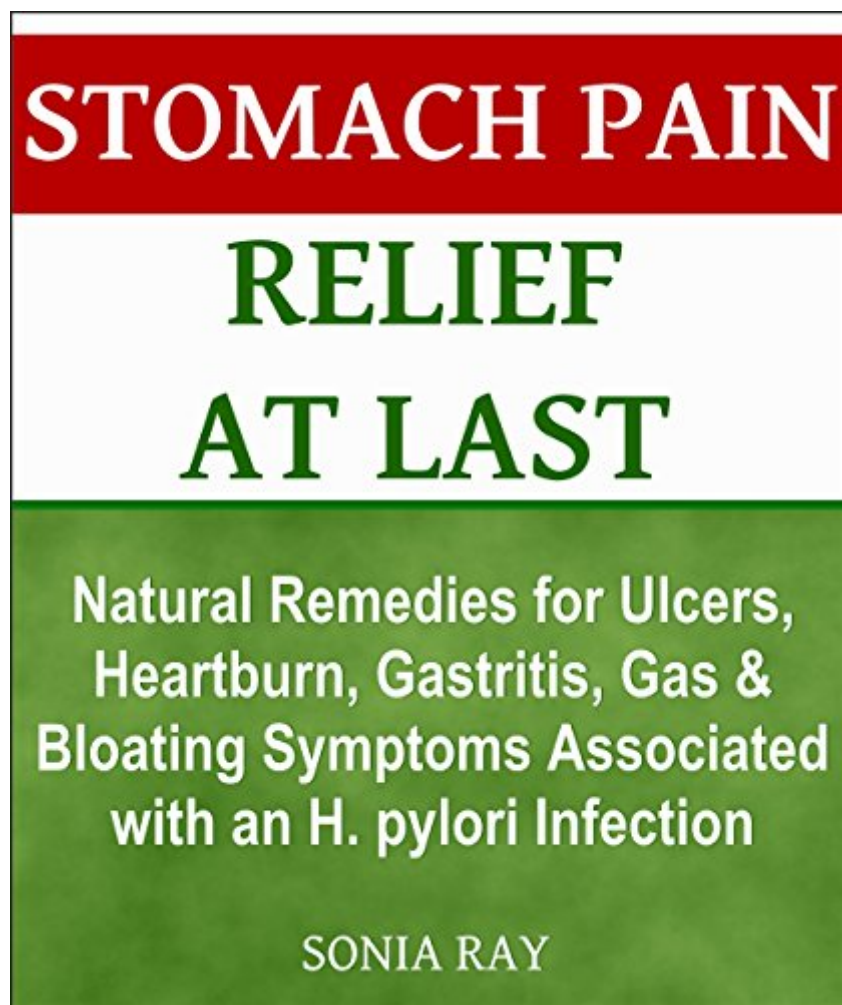




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# **Stomach Pain Relief At Last: Natural Remedies For Ulcers, Heartburn, Gastritis, Gas And Bloating Symptoms Associated With An H. Pylori Infection: Stomach Health**





## Synopsis

Tired of Suffering from Stomach Pain? I was too. I was tired of endlessly taking OTC drugs for my stomach problems such as: Antacids H<sub>2</sub>-blockers Proton-pump inhibitors These drugs only masked my symptoms, not treated the cause. I was also tired of waking up with stomach pain and going to bed with stomach pain. I forgot what it was like to enjoy food and the pleasure of eating with friends and family. Even prescription drugs did not work. And the last thing I wanted was to try the horrid, conventional triple or quad therapies with loads of antibiotics to make me feel even more miserable. Do these symptoms sound familiar? Burning or gnawing abdominal pain Excessive burping Feeling bloated Loss of appetite Black stools Nausea Vomiting Weight loss Heartburn Fatigue If so, you may be suffering from an *Helicobacter pylori* infection. More than half the world's population is infected with the *H. pylori* bacterium, so it is not a rare condition. Looking for Alternative Natural Treatments? I don't start taking natural remedies on blind faith. I have a scientific background in environmental biology so I understand the importance of scientifically-based, statistically-significant proof from peer-reviewed research vs opinion or unproven, anecdotal experiences. Sure, you can find lots of info on the web about using this or that natural remedy to kill *H. pylori*, but how do you know if it's correct? You should never take an alternative remedy based solely on manufacturer claims and/or because "Suzy" in the upset-stomach forum said it worked for her. I spent a lot of time on the web over the years doing research, weeding through lots of unreliable, anecdotal information to reading actual scientific journal articles. And not just the abstract summaries or introductions of articles, I read through many sections of material and methods, results and discussions to make sure I understood the research process and conclusions of proof for *H. pylori* eradication and/or ulcer healing. I have summarized my findings in this book, letting you know what works and what does not. Hopefully, this will save you some time so you can stop suffering and start healing as soon as possible. Many of these natural remedies are also good for digestion in general, and will help prevent and alleviate most kinds of stomach upset. Want To Know More? Start learning about natural treatments for your stomach pain today. Scroll to the top and download Stomach Pain Relief At Last

## Book Information

File Size: 968 KB

Print Length: 50 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 27, 2014

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B00JBH898I

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #447,333 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #25

inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis #161

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## Customer Reviews

I am proud and honored to be the first person to review this ebook!FINALLY. FINALLY. Something that actually helped my gastritis.I was diagnosed with gastritis in 2010. It comes and goes, but these pastfew weeks, the pain had been intense. I have been taking famotidine, aspirin,vinegar, nothing would stop this. It is most likely caused by stress, but I have not seenmy doctor yet, so I can't be sure. I purchased the DGL Licorice and the Mastic Gum capsulesafter reading this book. The licorice helped a bit, but the pain came back. So I movedto the Mastic Gum capsules. NOT A PEEP OUT OF MY TUMMY ALL DAY TODAY!!Thank God! I KNEW that famotidine was not good for me, but could not find an alternative.I can not thank you enough for this book!!! I would recommend it to anyone who wants ahealthier alternative to dealing with gastritis. THANK U SO MUCH!!!!!!!!!!!!!!!!!!!!!!

I just finished reading your book. I found it to be very informatable, easy to read. My situation sounds just like yours. I will now buy the products you suggested and hope fully get off the antacids I have been on, because I believe in what you wrote. My mother RIP was a great believer in cabbage juice I never asked why she just said.....drink this it's good for you and we did. !!!! Thank SO MUCH.is

Still dealing with my stomach issues but that's honestly because I can't stay away from coffee! My problem is I start to feel better and then think I'm cured and I can go back to eating whatever I want. This book was super helpful and I think it's good information even if you still decide to go with doctor's orders and take PPI's and antibiotics. I still feel confident I can overcome these stomach issues but it does get me down when I get bloated or have upper abdominal pain. Also, if the upper abdominal pain is one of your primary symptoms, look into the stomach drop and push down exercises for hiatal hernia on youtube. This actually relieved that in 2-3 days.

Very informative read. I love the fact that so many options for treatment that are natural are given in this book. The information was very well written and by a person who dealt with the issue as well. No educated guesswork just plain fact. Love the book and will keep it for future reread.

Omg, I love this book it was easy to read and understand. I can't wait to put what I've learned to work.

Wasn't that great and even contradicted conventional medicine to my recollection.

I've been going insane trying to find the right natural remedy for gastritis, all the pharmaceutical treatments had side effects I couldn't live with. The remedies described in this book have been extremely helpful. Some confirmed I was on the right track but better info about dosing and best time to ingest it. And others I hadn't tried that had other benefits beyond addressing the inflammation. Thank you for writing this book. I have no pain, no nausea, and no nasty side effects!

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Intolerance, Irritable Bowel Syndrome And Constipation AMOXICILLIN (Penicillin): Treats Bacterial  
Infections (such as Pneumonia, Bronchitis, Gonorrhea), and H. Pylori Infection and Duodenal Ulcers

The Gastritis & GERD Diet Cookbook: 101 Healing Cookbook Recipes for Effective Natural Remedy in the Treatment, Prevention and Cure of Gastritis and Acid Reflux EPSOM SALT: 50 Miraculous Benefits, Uses & Natural Remedies for Your Health, Body & Home (Home Remedies, DIY Recipes, Pain Relief, Detox, Natural Beauty, Gardening, Weight Loss) Healthy Digestion the Natural Way: Preventing and Healing Heartburn, Constipation, Gas, Diarrhea, Inflammatory Bowel and Gallbladder Diseases, Ulcers, Irritable Bowel Syndrome, and More Why Stomach Acid Is Good for You: Natural Relief from Heartburn, Indigestion, Reflux and GERD Ulcer Free: A complete guide to ulcers including ulcer symptoms,ulcer causes,ulcer diet,ulcer herbal remedies for treating ulcers. Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Gastrointestinal Health Third Edition: The Proven Nutritional Program to Prevent, Cure, or Alleviate Irritable Bowel Syndrome (IBS), Ulcers, Gas, ... Heartburn, and Many Other Digestive Disorders Gastrointestinal Health: The Proven Nutritional Program to Prevent, Cure, or Alleviate Irritable Bowel Syndrome (IBS), Ulcers, Gas, Constipation, Heartburn, and Many Other Digestive Disorders, Third Edition PRILOSEC (Omeprazole): Treats Heartburn, Stomach Ulcers, Gastroesophageal Reflux Disease (GERD), and helps heal a Damaged Esophagus How to Get Rid of Cellulite: Cellulite Treatments, Exercises, Prevention & Natural Remedies - On Your Thighs, Stomach and Legs (Natural Remedies For Cellulite) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Natural Antibiotics And Antivirals: The Complete Guide To Homemade Natural Herbal Remedies To Prevent And Cure Infections and Allergies (Home Remedies, Herbal Remedies, Organic Antibiotics) No Healthy Guts, No Glory - How to Treat and Cure Diarrhea, Acid Reflux, Constipation, Gas, Nausea, Ulcers, Menstrual Cramps, and Stomach Flu

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